Evidence Based Dentistry

Current International Developments and Trends

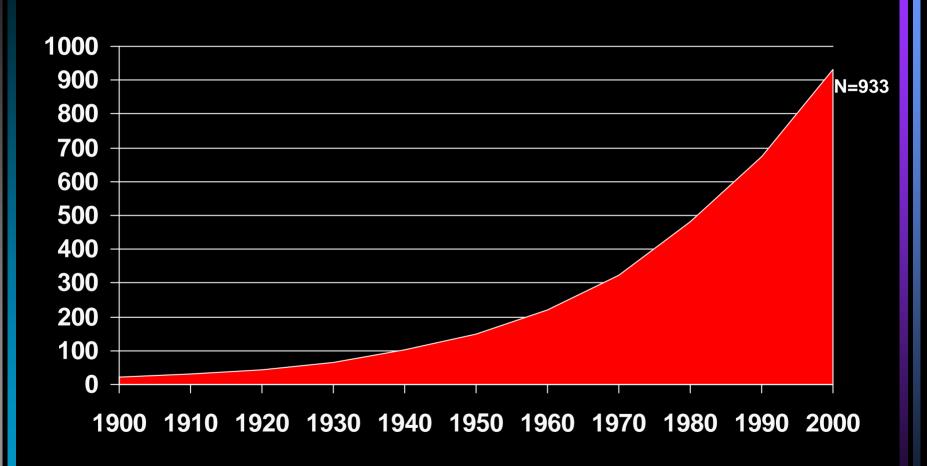
Asbjorn Jokstad University of Oslo, Norway

02/12/2002

A rapidly changing society

 The production of new knowledge is at maximum in historical context

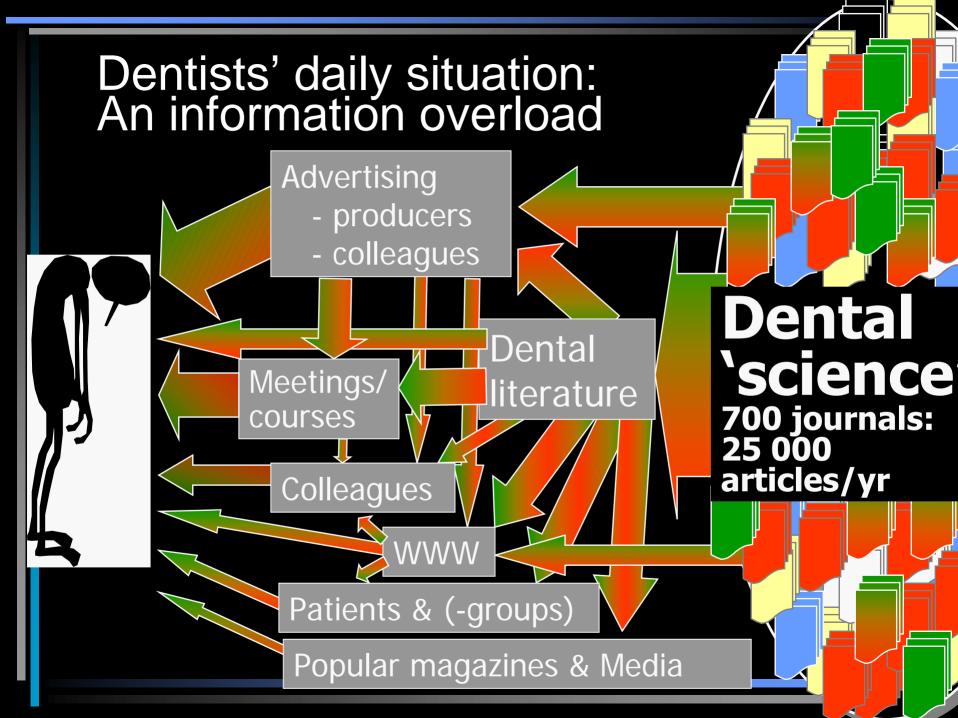
Dental journals in circulation



Source: Ulrich's International Periodicals Directory

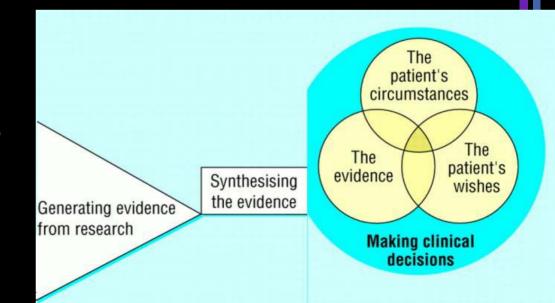
A rapidly changing society

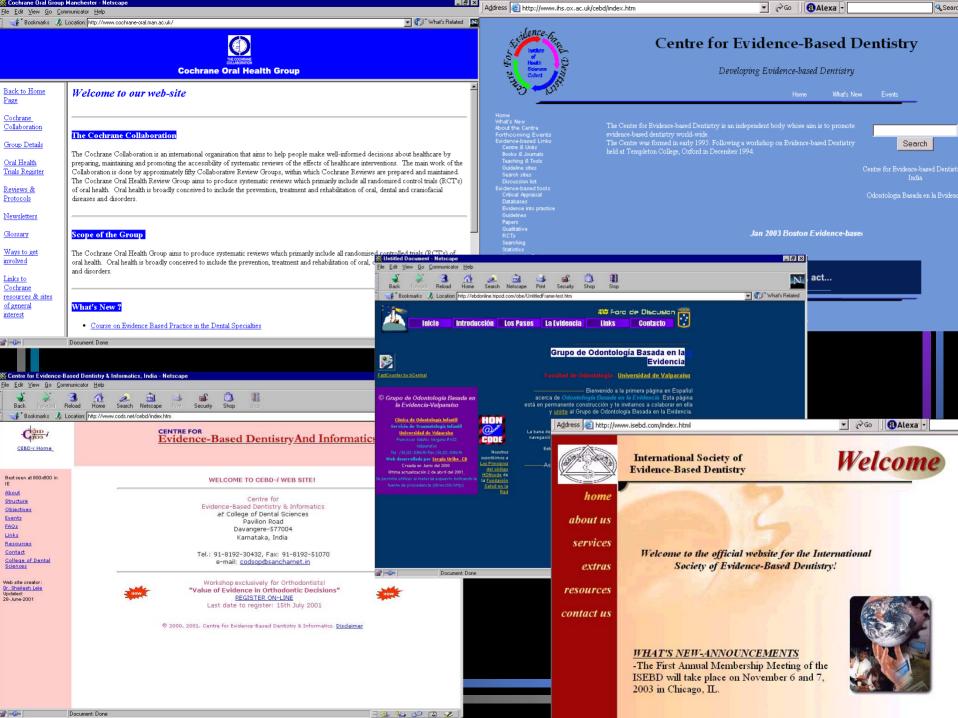
- The production of new knowledge is at maximum in historical context
- Incessant replacements of established ideas and concepts



Applying EBM in dental practice

- 1. Learn how to practice evidencebased dentistry
 - -Books
 - -Seminars
 - -Internet
 - Online link banks
 - Online courses
 - Online resources
 - Articles



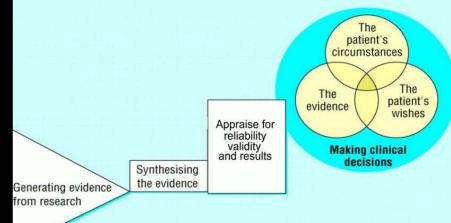


A rapidly changing society

- The production of new knowledge is at maximum in historical context
- Incessant replacements of established ideas and concepts
- Information technology has improved the potential for information transfer to everybody

Applying EBM in dental practice

- 1. Learn how to practice evidencebased dentistry
- 2. Seek and apply evidence-based dentistry summaries generated by others
 - Journals that critically appraise primary studies



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Evidence-Based **Dentistry**

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View tables of contents

A central resource for the most cuttingedge and relevant issues concerning the evidence-based approach in dentistry today. A British Dental Journal and Nature Publishing Group publication.

Audience

Evidence-Based Dentistry is aimed at general dental practitioners to help them keep abreast of the best available evidence on the latest developments in various aspects of clinical dentistry. In addition, it is an invaluable tool for the specialist practitioners needing to maintain an awareness of new approaches outside their branch of dentistry.

Society publishing

NPG Subject areas

Access material from all our publications in your subject area:

Biotechnology

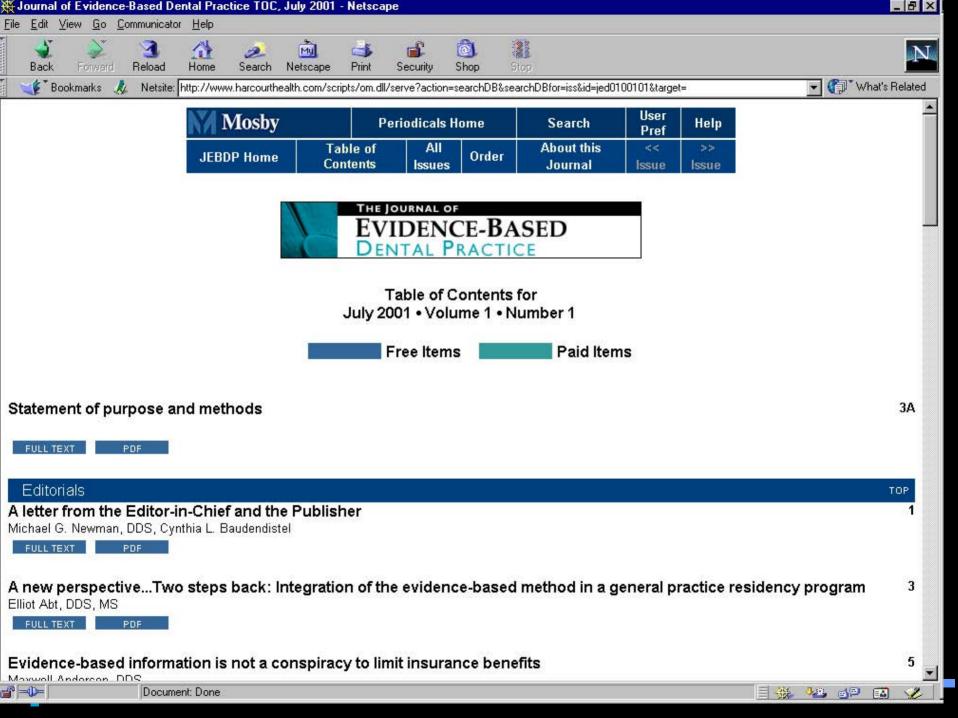
Cancer

*Please click here for the appendix tables for the following paper - these tables did not appear in the printed version of EBD

Vol 3:1

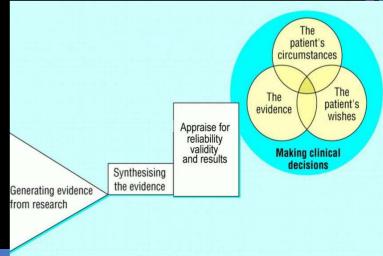
Benchmarking the dental randomized controlled literature on MEDLINE

Niederman R., Chen L., Murzyn L., Conway S.



Applying EBM in dental practice

- 1. Accept and apply practice protocols, policies and guidelines based on evidence-based principles
- 2. Seek and apply evidence-based dentistry summaries generated by others
 - Journals that critically appraise primary studies
 - Systematic reviews
 - Cochrane Collaboration
 - NHS R&D
 - Literature





SEARCH PHRASE: Refine your search SELECTED: UNSELECT SAVE VIEW

dent* - 9779 hits

- ▶ The Cochrane Database of Systematic Reviews (187 out of 2655)
- Database of Abstracts of Reviews of Effectiveness (79 out of 3740)
- The Cochrane Central Register of Controlled Trials (CENTRAL) (9311 out of 345378)
- ▶ The Cochrane Database of Methodology Reviews (2 out of 15)
- ▶ The Cochrane Methodology Register (CMR) (46 out of 4002)
- About the Cochrane Collaboration (15 out of 86)
- Health technology assessment database (HTA) (33 out of 2838)
- NHS Economic evaluation database (NHS EED) (106 out of 10255)

2002 Issue 4 ISSN 1464-780X



the best single source of reliable evidence about the effects of health care

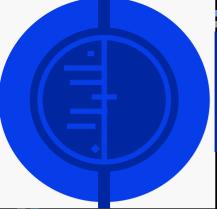
The Cochrane Library presents the work of the Cochrane Collaboration and others interested in assembling reliable information to guide health-care decisions.

About the Cochrane Library

Using The Cochrane Library

Comments and feedback

Technical support

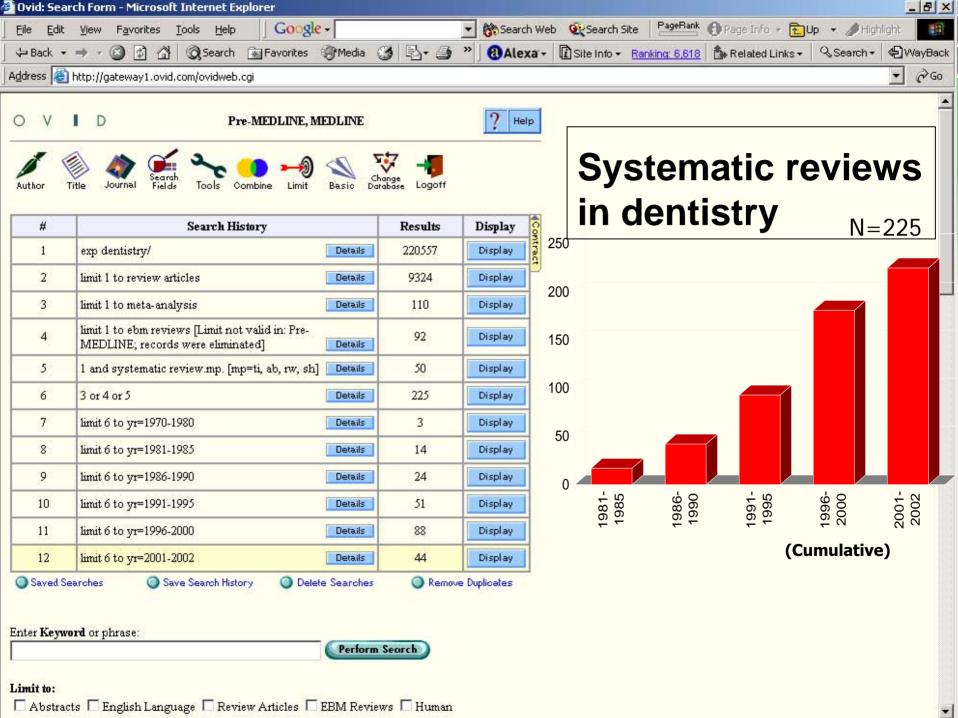


Cochrane Oral Health Group

- 250 members from 25 countries
- Specialist trials register ~14,000 entries
- Systematic reviews: near 90
- OHG offers help to complete reviews

Contact: Emma.Tavender@man.ac.uk

http://www.cochrane-oral.man.ac.uk



Topics (n=236)

- Pain & pharmacotherapy (n=51)
- Periodontology (n=31)
- Restorative dentistry (n=28)
- Caries (n=23)
- Fluoride issues (n=17)
- Orthodontics (n=16)
- Implant-related (n=11)
- Antibiotics, acupuncture, apnea, infection control, oral medicine, sealants, sedation, treatment decisions, toxicology, TMD...



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1st. Pan-European IADR meeting, Cardiff, 2 September 2002

Guided tissue regeneration

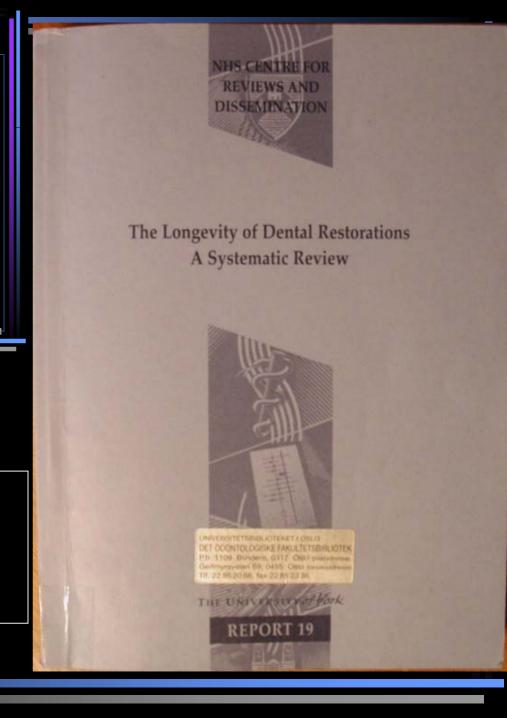


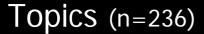
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1st. Pan-European IADR meeting, Car liff, 25 September 2002

Restorative Dentistry

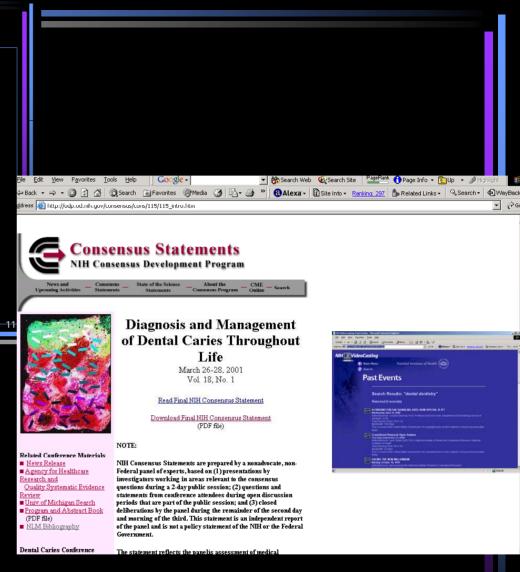




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1st. Pan-European IADR meeting, Cardiff, 25 September 2002

Dental caries



Topics (n=236)

- Pain (n=51)
- Periodontology (n=31)
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- Fluorides (n=17)
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1st. Pan-European IADR meeting, Cardiff, 25 September 2002

Water fluoridation

Scales for estimated the effect of fluoristics or centre inversigated would accument to allow the contract forms of the contractions of the contract fluorists of the fluoristic fluorists of the contract fluorists of the contra

B -

22

sis. Full details of indices can be found elsewhere

multilevel model to combine studies Each area we different fluoride concentration; under observe within a tudy was included separately in the me The top (celds) of having fluoresis was modelated firmtion of fluoride concentration. The analysis certised out with the MIXED procedure within I ISAS Irasinate, US, Full details of methods used in artifests, including all factors investigated in m regressions can be found state-shaped.

eagn. The controlled before-after studies assessed ifferent groups of children of the same age (12 years) t the basetine (before fluorichtion) and finat (after richtion) surveys, All studies were of evid

arvey." Including studies contributed more than one go group to the results. There was significant sterrogeneity among the included studies (P< 0.01). The range (medica) of the mean difference in the

of six people would need to receive fluoridated water

permanent teeth in the fluorichted arease than the horichted areas (fig 2). The range (median) of charge in decayed, missing and fitted prin permanent such was 0.5–44 (2.22) beath interper range 1.283 5.63 teeth). Meta-regression showed that the proposition children without carries at baseline, the setting, are

be found on the RM's website. Basetine decayed mis ing, and filed primary/permanent teeth, age, setting, and duration of study show a significant association with the mean-difference in decayed, missing, and filed

We included 88 stuckes of dental fluorosis. These were largety cross sectional designs, with only four controlled before-after designs. The mean frangel





population with dental fluorosis. We estimate that six people 1996 confidence interval 4 to 21 broad have to be exposed to water flooride concentrations of 1.0 ppm for one additional person to develop fluorosis of any degree, compared with a theoretical few fluories concentration of 0.4 ppm. Cot these, about one quarter will have fluorosis of aeathetic consurr (number quality wavey one hould brushy A first first of clusters are shaded to be made. So contains the same bear and the same bear and the same bear and the same bear and the proposes artisting be then shaded of the meant of the presentance of Bosonia (lig. 2 and 6). From those most are stress early to the comparison of 1.0 ppm, with a 2 ppm, the model on report is data at the presentance of Bosonia (lig. 2 and 6). From those most a stress track to concentration of 1.0 ppm, with a 2 sector faculty

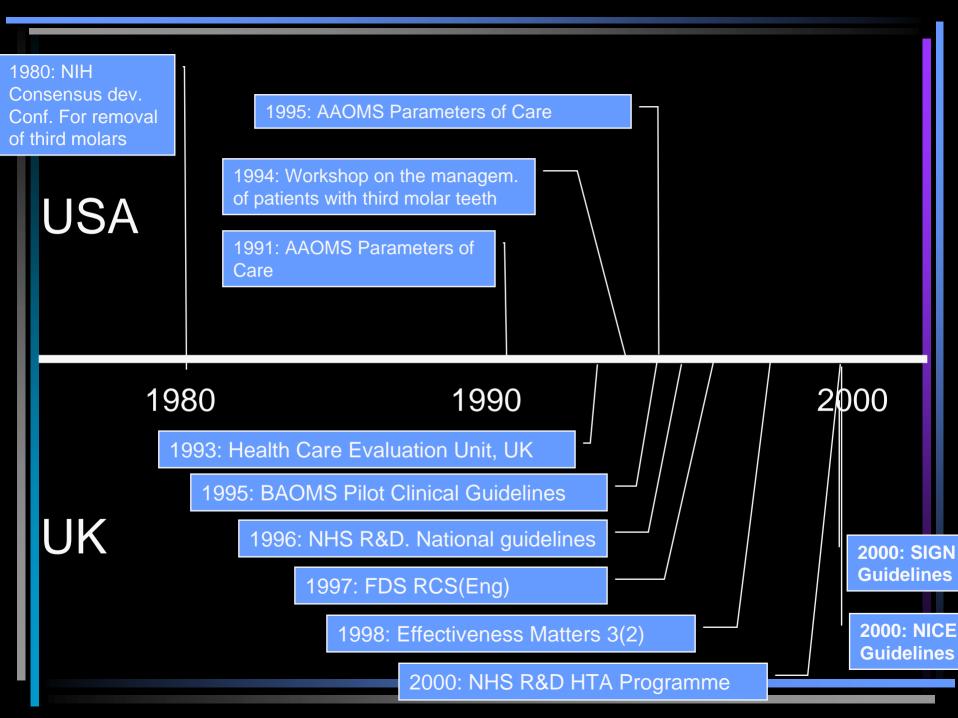
NHS CRD Report 18 Synopsis: Br Med J 2000; 321: 855-9

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1st. Pan-European IADR meeting, Cardiff, 25 September 2002

Impacted third molars



We have learned:

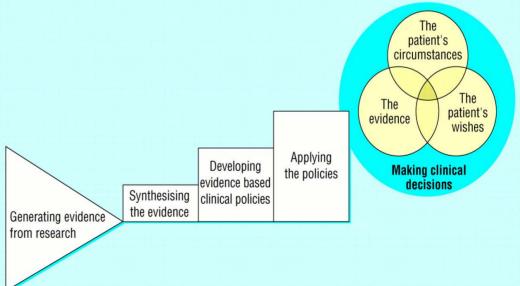
Systematic reviews and guidelines are not necessarily known to the community of dental practitioners

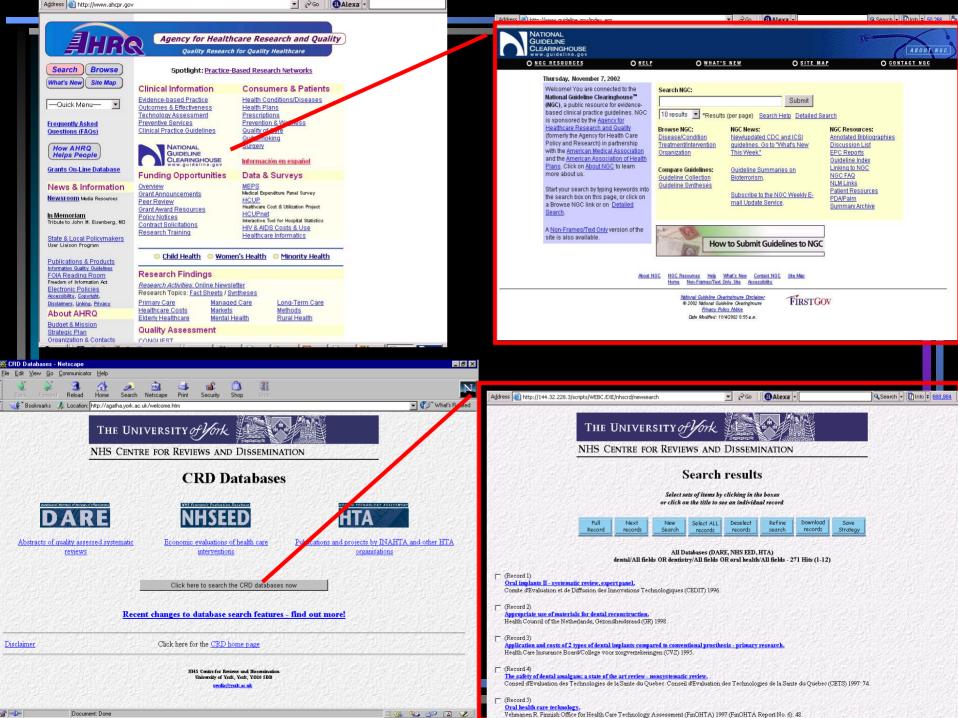
Who's responsibility to disseminate new research findings to the community of dental practitioners? Who's responsibility for disseminating new research findings to the community of dental practitioners?

... and verify that this is also implemented?

Applying EBM in dental practice

3. Accept and apply practice protocols, policies and guidelines based on evidence-based principles





NHS

Clinical Excellence

Welcome to NICE

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English

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Recruitment of Health Technology Analyst

5 November 2002

The Institute has a vacancy for a talented enthusiastic analyst within it's Technology Appraisals Team.

Myocardial Infarction - early thrombolysis treatment (No.52) 30 October 2002

NICE has issued guidance to the NHS in England and Wales on the use of drugs for early thrombolysis in the treatment of acute myocardial infarction. Listed below are key documents for this appraisal; click on the title to link to the relevant

- links: NICE 2002/054 NICE issues guidance on the use of drugs for early thrombolysis in the treatment of acute myocardial infarction
 - Full guidance on the use of drugs for early thrombolysis in the treatment of acute myocardial infarction
 - Information for patients: Guidance on the use of drugs for early thrombolysis in the treatment of acute myocardial infarction
 - Summary: Guidance on the use of drugs for early thrombolysis in the treatment

Management of Type 2 Diabetes - management of blood pressure and blood lipids

30 October 2002

This blood pressure and blood lipids management guideline is one of a series of guidelines on type 2 diabetes. Other guidelines in the series cover the management of renal disease and retinopathy (published March 2002) and the management of blood sugar levels (published September 2002). NICE is also updating the Royal College of General Practitioners' guideline on the management of footcare for patients with diabetes - publication of the amended

NEWS FROM SBU

ONICK LINKS

7 November 2002

- Full guidance on the use of drugs for early thrombolysis in the myocardial infarction
- Full guidance on the use of computerised cognitive behavioural therapy for
- anxiety and depression Full guidance on the use of imatinib for chronic mylenid leukaemia
- Full guidance on the use of ultrasound locating devices for placing central venous catheters
- Full guidance on home compared with hospital haemodialysis for natients with end-stage renal
- Full guidance on the use of glycoprotein IIb/IIIa inhibitors in the treatment of acute coronary syndromes







SIGN Scottish Intercollegiate Guidelines Network







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Scottish Intercollegiate Guidelines Network 9 Queen Street, Edinburgh EH2 1JQ Website address: http://www.sign.ac.uk

Tel. 0131-225 7324 Fax. 0131-225 1769 Web contact: d.service@rope.ac.uk Last modified 1/11/02 @ SIGN 2001-2002



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New SBU-report

Welcome to SBU

Prevention, Diagnosis, and Treatment of Venous Thromboembolism - a systematic review

English summary and conclusions available click here...



Conference in September 2003

SBU in cooperation with Malmö University, School of Health and Society have the pleasure to invite you to the conference

Evidence-Based Nursing — A Challenge for Practice September 4–5, 2003, Malmö, Sweden. Read more...



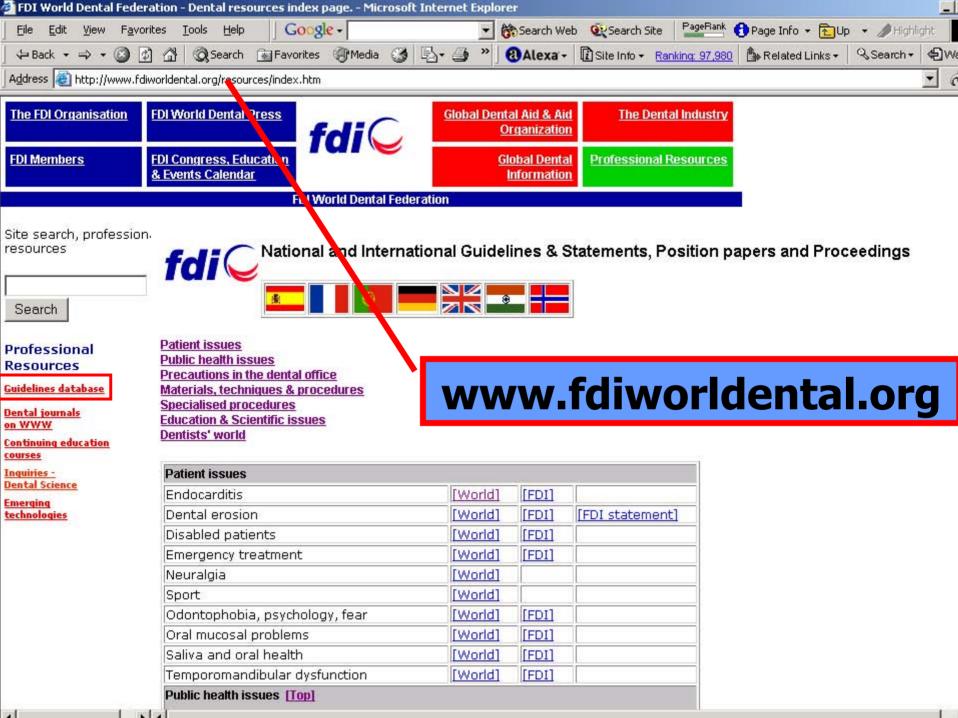
Medical Science & Practice (English edition)

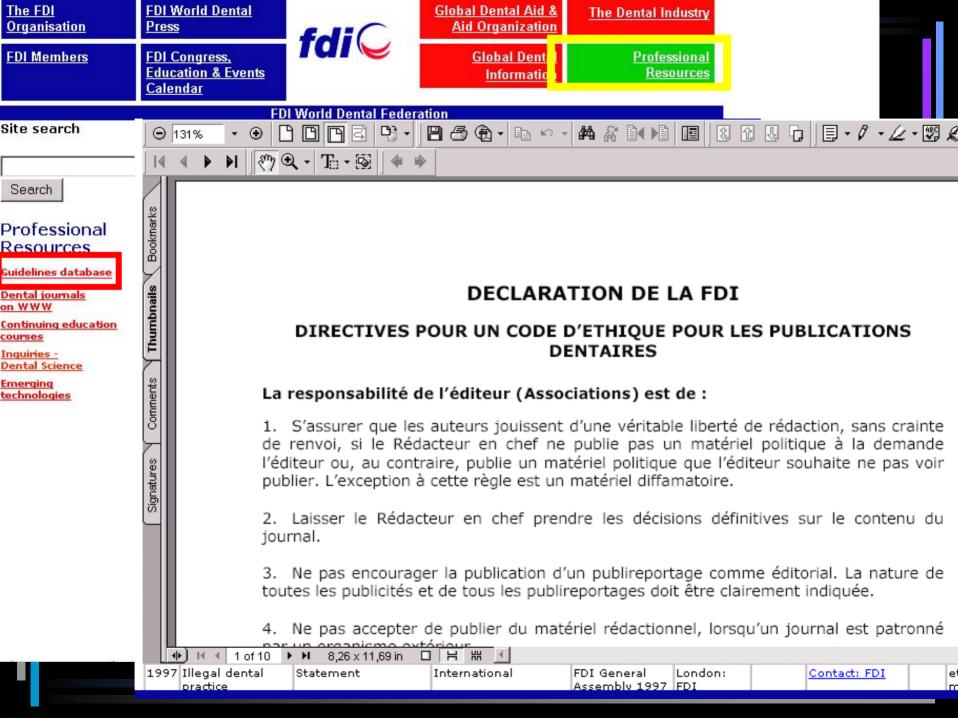


Click here to read more...

SBU – The Swedish Council on Technology Assessment in Health Care SBU, P. O. BOX 5650, S-114 86 Stockholm, SWEDEN Phone +46-8-412 32 NN. Fax +46-8-411 32 60







Oral Cancer Project title: Terminated: 12 Initiated: 7.1996 Outcomes: FDI World Conference Pro FDI World Conference Wo FDI World Conference Pro FDI World Conference Wo FDI statement, FDI World Blue Mouthwash, FDI W FDI statement, FDI world FDI World 8(1):24.1999 Johnson N. Warnakulas Diagnosing Oral Cancer Help? FDI World 1998: 7 Circulation of mailings to i on Oral Cancer FDI World Conference Pro Johnson N. Oral Cancer 7(1):14-19 Johnson N. Oral Cancer World 1997; 6(6):10-16 Johnson N. How do we and potentially malignar Johnson N. What cause:

6(4): 7-11

Johnson N. Oral Cancer

World 1997: 6(3):19-21

Diagnosing oral cancer: can Toluidine Blue mouthwash help?

Following our series about evel ancer in protess tours of PDA World, Fref Norell Jibsons end allengues exploits the use of a protect designed to all designed to all concer. Oral cancer is the sixth most common malignancy worthwide. It remains a highly lethal and certainly disfiguring disease. The prevention and early diagnosis of oral cancer lies mainly in the hands of the primary dental care professions. Whilst approaches to prevention include guidance on avoidance of dangerous habits (notably tobacco and alcohol), on adequate nutrition and on adequate oral and personal hygiene, dentists are important in secondary prevention through opportunistic screening and planned screening of populations at high risk.

Using a detecting solution

So how can dentists be helped in this process? Thorough visual and digital examination of all the oral soft tissues, along with careful examination of the head, neck and cervical lymph nodes, followed by biopsy of suspicious areas, remains the mainstay of diagnosis. However, a method that is now gaining widespread attention is the adjunctive use of a solution of Toluidine Blue, which stains cancerous lesions a dark blue, thus distinguishing it from the rest of the oral mucosa. Although it has been used for many years for cancer detection at several body sites, including the mouth, it is

now being marketed commercially around the world in the form of a mouthrinse under various trade names, such as "Orascan", "Orascreen" or "Orascat". The FDI is producing a position statement on the use of this product, which will be published in a later issue of HDI World, but this article will give an overview of its use.

How useful is Toluidine Blue?

There have been a number of clinical trials using Toluicline Blue, the results of which are presented in Table 1.

Looking at these results, we can see that Tobridine Blue has good sensitivity, i.e. that it is sensitive to the presence of oral carcinoma, and also that it has a very low overall false negative rate, i.e. a very low number of oral cancers are not stained by the solution.

It has also been found to be useful for delineating the appropriate site for biopses with a greater degree of accuracy than clinical judgement alone.

Specificity of Toluidine Blue

Some studies show low specificity, that is, how many other types of lesion are stained in addition to oral carcinoma. Although the



fdiworld



Thank you for your kind attention

02/12/2002